

## Dementia Care in Assisted Living Facilities

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Of the 300,000 assisted living facilities in the country, some specialize in residents with dementia, and suggest the following activities for these residents:

- Socializing one on one with conversation or reading a book together
- Simple arts and crafts
- Talk about, sing or listen to music
- Work on a puzzle
- Visit with animals, such as therapy dogs
- Exercise by walking in nature or even just outside

There are many good suggestions for reviewing the qualifications of such facilities in Elaine K. Howley's February 28<sup>th</sup> article in *US News and World Report*.

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